

Curriculum Overview – Year 10 GCSE PE

| Year | Term | Units of Work | Assessment |
|------|------|---|---|
| Y10 | 1 | <p>Applied anatomy and physiology, movement analysis.</p> <p>NEA completed throughout all units. Written analysis and practical performance. 100 marks, worth 40% of GCSE.</p> <p>Sports typically covered (in blocks of 8wks approx.): Badminton, Trampoline, Netball, Handball, Football, Table Tennis.</p> | <p>3 Key Tasks over the course of the unit. Usually a written exam after each sub-topic.</p> |
| | 2 | <p>Sport Psychology (Skill & Ability / Goal Setting / Information Processing / Guidance / Arousal / Stress)</p> <p>NEA completed throughout all units. Written analysis and practical performance. 100 marks, worth 40% of GCSE.</p> <p>Sports typically covered (in blocks of 8wks approx.): Badminton, Trampoline, Netball, Handball, Football, Table Tennis.</p> | <p>3 Key Tasks over the course of the unit. Usually a written exam after each sub-topic.</p> |
| | 3 | <p>Sport Psychology (aggression/personality/motivation)</p> <p>NEA completed throughout all units. Written analysis and practical performance. 100 marks, worth 40% of GCSE.</p> <p>Sports typically covered (in blocks of 8wks approx.): Badminton, Trampoline, Netball, Handball, Football, Table Tennis.</p> | <p>3 Key Tasks over the course of the unit. Usually a written exam after each sub-topic.</p> <p>Written exam: 1hr 15 mins, 78 marks 30% of GCSE</p> |